ASSISTANT ATHLETIC TRAINER

Approved: May 2019

(Temporary Position)

DEFINITION

Under general supervision of assigned supervisor/manager, assist in an effective and efficient program of first aid, emergency care, injury prevention, and athletic training for athletes in intercollegiate sports activities.

TYPICAL DUTIES

Assist with the pre-season physical examinations for sports; coordinate physical screenings to detect pre-existing conditions that would limit or prevent participation in intercollegiate athletics; administer emergency care, treats acute, sub-acute and minor chronic disabilities, and/or refers injured student-athlete to physician; evaluate physical condition of injured athletes; use treatment modalities such as ultrasound, electrical stimulation, hydrotherapy and therapeutic exercise; recognize and manipulate conditions which require special taping, bracing or padding, either preventative or rehabilitative; may assist in the selection and fitting of protective equipment; accompany football team to contests; serve as host athletic trainer for visiting teams; attend home athletic events when scheduled; maintain student-athlete health records; maintain records for the individual injuries and treatments of injured athletes; may oversee student interns in the Athletic Trainer program; educate student athletes about generally accepted health and safety knowledge; perform related duties as required.

QUALIFICATIONS

EDUCATION

Bachelor's degree from an accredited institution. Current Athletic Trainer (ATC) and CPR certificates are required by the National Athletic Trainers Association Board of Certification (NATABOC).

KNOWLEDGE OF

Knowledge of principles of human anatomy, physiology, kinesiology and biomechanics; preventative athletic training techniques; symptoms of various athletic injuries and applicable treatment and First Aid methods; information and techniques needed to evaluate and treat injuries, diseases, and deformities; information and techniques needed to rehabilitate physical ailments; protective taping, padding and bracing techniques; principles and processes for providing personal services including needs assessment techniques, quality service, and alternative treatment methods; record keeping principles and procedures.

ABILITY TO

The ability to perform the essential functions of the position; sustain regular work attendance; work cooperatively and effectively with the public, students, faculty and staff; exercise initiative and mature judgment; interpret and apply applicable federal, state and local laws and regulations, District policies and regulations, and office processes and procedures; work as a member of a team; meet schedules and time lines; manage one's own time and the time of others; correctly follow a given rule or set of rules in order to arrange things or actions in a certain order; understand and effectively carry out oral and written directions; effectively communicate information and ideas orally and in writing based on the needs of the audience; read, write and perform mathematical calculations at the level required for successful job performance; be aware of others' reactions and adjust interpersonal skills accordingly; handle personal and private information with discretion; prepare routine correspondence independently; effectively learn and operate equipment and software related to the duties of the position; use of technology to effectively perform responsibilities, including but not limited to, word processing, spreadsheets, databases and desktop

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publishing; adapt to changing technologies; work successfully with diverse populations; recognize unsafe conditions which may be hazardous to an athlete or the team; the ability to function efficiently and responsibly during emergency situations; evaluate the seriousness of an injury and treat it in an appropriate manner; administer first aid and cardiopulmonary resuscitation; apply and fit protective materials and equipment; effectively train, assign and oversee the work of others; combine separate pieces of information, or specific answers to problems, to form general rules or conclusions; correctly follow a given rule or set of rules in order to arrange things or actions in a certain order; maintain records and prepare reports; collaborate and foster inclusion in a diverse organization.

<u>Physical and Environmental Factors</u>: Exert muscle force repeatedly or continuously over time, involving endurance and resistance to muscle fatigue; exert one's self physically over long periods of time; use one's abdominal and lower back muscles to support part of the body repeatedly or continuously over time without fatiguing; do occasional heavy lifting; and bend, stretch, twist, or reach out with the body, arms, and/or legs; coordinate movements of two or more limbs together while sitting, standing, or lying down; quickly make coordinated movements of one hand, a hand together with its arm, or two hands to grasp, manipulate, or assemble objects; and make fast, simple, repeated movements of the fingers, hands, and wrists.

TYPICAL EQUIPMENT USED (May include, but not limited to)

Current office technologies including computers, printers, faxes, telephones and copiers; other equipment common to the field to which the position is assigned which employs physical, chemical, and other properties of heat, light, water, electricity, sound, massage, and active, passive, and resistive exercise.