

ATHLETIC TRAINER

DEFINITION

Under supervision of the assigned supervisor/manager, provides for an effective and efficient program of first aid, emergency care, injury prevention, athletic training and preconditioning for athletes in intercollegiate sports activities.

TYPICAL DUTIES

Functions as liaison between physician, coaches, parents, student-athletes and administration; working with the oversight of a team physician, the Athletic Trainer oversees the requirement of student-athletes to complete preseason physical exams and completion/submission of all other pre-participation medical records, including required records out-of-season and non-traditional season (NTS) student-athletes; identifies factors from physical examination that may affect the student-athlete's ability to safely participate in sports activities; manages and maintains student-athlete records for medical clearances, health records, and individual injuries and treatments of student-athletes; assists student-athletes with completion and submission of insurance claims; oversees the electronic record-keeping system, including application training and implementation; administers emergency care, treats acute, sub-acute and minor chronic disabilities, and/or refers injured student-athlete to physician; evaluates physical condition of injured athletes; advises, develops and implements programs for routine and corrective exercises; provides rehabilitation services for injured student-athletes; uses treatment modalities such as ultrasound, electrical stimulation, hydrotherapy and therapeutic exercise; recognizes conditions which require special taping, bracing or padding, either preventative or rehabilitative; designs, develops and supervises conditioning and reconditioning/rehab programs; designs, implements and presents a concussion management plan which reflects current standards and practices, including, but not limited to concussion baseline testing and evaluation of results, post-concussion evaluation, care, testing, and return-to-play protocol; assists with the design and implementation a mental health management policy/protocol which reflects current standards; monitors and evaluates environmental conditions, and makes recommendations for modifying games and practices for the health and safe of student-athletes and staff (i.e. lightning, heat, air quality, etc.); assists in the selection and fitting of protective equipment; arranges transportation as needed for injured athletes; accompanies football team to all contests; serves as host athletic trainer for visiting teams and provides athletic training services for visiting athletes as it pertains to pregame tapings and treatments and injury and emergency care; provides services for home athletic events, including in-season and out-of-season NTS events and tournaments; maintains and operates the athletic training room; develops and maintains Emergency Action Plans (EAP) for athletic facilities, including the Athletic Training Center; prepares and oversees budget and ordering for medical and athletic training supplies and equipment; oversees temporary employees educates student-athletes about generally accepted health and safety knowledge. Performs related duties as required.

QUALIFICATIONS

EXPERIENCE

Two years of experience as a Certified Athletic Trainer.

EDUCATION

Bachelor's or Master's degree as required for Athletic Trainer certification; hold and maintain a current Athletic Trainer (ATC) and Cardiopulmonary Resuscitation (CPR) certificates as required by the Board of Certification (BOC) for the Athletic Trainer.

SPECIAL REQUIREMENTS

Any offer of employment will be contingent upon the successful completion of a medical evaluation. Employment is contingent upon meeting the requirements of Los Rios Board Regulation R-8343, including possessing and maintaining a valid California Driver's License. This position may require operating a District or personal vehicle in order to complete assigned work within the scope of the position duties.

KNOWLEDGE OF

Principles of human anatomy, physiology, kinesiology and biomechanics; preventative athletic training techniques; signs and symptoms of various athletic injuries and applicable treatment and first aid methods; and the information and techniques needed to evaluate and treat injuries, diseases, deformities, and other general medical conditions (including but not limited to mental health, nutrition, substance abuse); the information and techniques needed to rehabilitate physical ailments; protective taping, padding and bracing techniques; principles and processes for providing personal services including needs assessment techniques, quality service, and alternative treatment methods; principles of supervision and training; applicable federal, state and local laws, policies and regulations, and office processes and procedures; administrative and clerical procedures and systems, such as filing and recordkeeping techniques in a complex business environment; effective customer service skills; how to compose effective correspondence; the structure and content of the English language including the meaning and spelling of words, rules of composition and grammar, and rules for letter and report writing; principles and practices of effective communication; how to train others to perform specific tasks; numbers, their operations, and interrelationships, including arithmetic at the level required to effectively perform the duties of the position; basic principles of leadership, oversight and training.

ABILITY TO

Perform the essential functions of the position; recognize unsafe conditions which may be hazardous to an athlete or the team; function efficiently and responsibly during emergency; evaluate the seriousness of an injury and treat it in an appropriate manner; sustain regular work attendance; work cooperatively and effectively with the public, students, faculty and staff; exercise initiative and mature judgment; interpret and apply applicable federal, state and local laws, policies and regulations, and office processes and procedures; work as a member of a team; meet schedules and timelines; manage one's own time and the time of others; correctly follow a given rule or set of rules in order to arrange things or actions in a certain order; understand and effectively carry out oral and written directions; effectively communicate information and ideas orally and in writing based on the needs of the audience; read, write and perform mathematical calculations at the level required for successful job performance; be aware of others' reactions and adjust interpersonal skills accordingly; handle personal and private information with discretion; prepare routine correspondence independently; effectively learn and operate equipment and software related to the duties of the position; use technology to effectively perform responsibilities, such as word processing, spreadsheets, databases, and desktop publishing; type/enter data at a speed proficient to complete the duties of the position in a timely manner; adapt to changing technologies; work successfully with diverse populations; cultivate and develop inclusive and equitable working relationships with students, faculty, staff and community members.

Physical and Environmental Factors: The ability to exert muscle force repeatedly or continuously over time, involving endurance and resistance to muscle fatigue; exert one's self physically over long periods of time; use one's abdominal and lower back muscles to support part of the body repeatedly or continuously over time without fatiguing; ability to stand for long periods of time; do occasional heavy lifting; occasionally move heavy objects of approximately 50 or more pounds with and without assistance (move large objects or people); carry various types of equipment; frequently bent at waist and knees; and bend, stretch, twist, or reach out with the body, arms, and/or legs. The ability to coordinate movements of two or more limbs together while sitting, standing, or lying down; quickly make coordinated movements of one hand, a hand together with its arm, or two hands to grasp, manipulate, or assemble objects; and

make fast, simple, repeated movements of the fingers, hands, and wrists. Work outdoors for multiple hours in various weather/environmental conditions (i.e. heat, cold, rain, wind, smog, smoke, etc.) Potential for exposure to various viruses, bacteria and blood-borne pathogens in a healthcare environment. Potential for sharps/needle sticks.

TYPICAL EQUIPMENT USED (May include, but not limited to)

Equipment common to the field to which the position is assigned; current office technologies such as computers, printers, telephones and copiers.