Enrollment/Change Form: Group Enrollees



Mail to: Los Rios CCD - Retirees

1919 Spanos Ct. Sacramento, CA 95825

Email to: retirees@losrios.edu

Direct questions to: 916 568-3070

NEW ENROLLMENT: Complete entire form.	CHANGE: Complete required information (in bold) in Section I and any sections applicable to the change you are making. For Changes, Member ID#		
Select a primary care physician (PCP) for you and your dependents by searching online at choosewha.com/directory.			
Indicate provider name, WHA Provider ID# and medical group.			
☐ New group ☐ Open enrollment			
☐ New hire — date of hire	☐ Change of name ☐ Change of add		
□ Newly eligible — reason	*Date of qualifying event (if not open		
□ COBRA — effective date	Date of qualifying event (if not open	emonnenty	
PLAN INFORMATION			
Employer	Benefit Plan:	Effective Date	
Group #		Subgroup	
SECTION I — MEMBER INFORMATION			
Employee First Name Last	Name	MI	
Social Security # Date	of Birth		
Residential Street Address		Apt./Unit#	
City, State, Zip			
Mailing Address (if different)		Apt./Unit#	
City, State, Zip			
Email Address	Job Title		
Mobile Phone	Work Phone		
PCP Name	WHA Provider ID#		
Medical Group Exist	ing Patient 🗆 Yes 🗅 No		
What sex were you assigned at birth? \Box Male \Box Female \Box	Intersex		
Note: In order to serve you better, please visit the WHA secure n sexual orientation and gender identity.	nember portal, mywha.org, to indicate yo	our preferred pronouns,	
How would you describe your race? Check all that apply $\ \square$ Am	erican Indian or Alaska Native 🛭 🖵 Asian	Indian	
□ Black or African American □ Cambodian □ Chinese □ □ Korean □ Laotian □ Native Hawaiian □ Other Asian □ Vietnamese □ White □ Choose Not to Answer □ Unkn	Other Pacific Islander Other Race	• 1	
What is your ethnicity? Check all that apply ☐ Mexican, Mexican ☐ Not Hispanic, Latino, or Spanish origin ☐ Cuban ☐ Guate ☐ Another Hispanic, Latino, or Spanish origin ☐ Choose Not	emalan 👊 Salvadorian 📮 Puerto Rican		
What language do you feel most comfortable speaking?	glish 👊 Spanish 👊 American Sign Lan ormosan 👊 French 👊 German 👊 Gu Korean 👊 Laotian 👊 Mandarin 👊 Panj	ıjarati □ Hebrew abi □ Persian	
What language do you prefer for written materials? ☐ English☐ Cantonese ☐ Chinese ☐ Formosan ☐ French ☐ Germ☐ Italian ☐ Japanese ☐ Korean ☐ Laotian ☐ Mandarin☐ Tamil ☐ Telugu ☐ Thai ☐ Urdu ☐ Vietnamese ☐ C	nan 🖸 Gujarati 🚨 Hebrew 🚨 Hindi 🗘 Panjabi 🚨 Persian 🚨 Portuguese	☐ Hmong ☐ Indonesian	

Enroll 10.23

SECTION II — DEPENDENT INFORMATION ☐ Add ☐ Remove ☐ ☐ Spouse ☐ Domestic Partner _____ Last Name _____ MI ____ First Name Social Security # _____ Date of Birth _____ PCP Name ______ WHA Provider ID#_____ Medical Group____ _____ Existing Patient 🛽 Yes 🗘 No Sex at Birth: ☐ Male ☐ Female ☐ Intersex Race: Check all that apply 🚨 American Indian or Alaska Native 🚨 Asian Indian 👊 Black or African American 👊 Cambodian □ Chinese □ Filipino □ Guamanian or Chamorron □ Hmong □ Samoan □ Vietnamese □ White □ Japanese □ Korean □ Laotian □ Native Hawaiian □ Other Pacific Islander □ Other Asian □ Other Race □ Choose Not to Answer □ Unknown Ethnicity: Check all that apply 🔲 Mexican, Mexican American, or Chicano/a 📮 Not Hispanic, Latino, or Spanish origin □ Cuban □ Guatemalan □ Salvadorian □ Puerto Rican □ Another Hispanic, Latino, or Spanish origin ☐ Choose Not to Answer ☐ Unknown Spoken Language: ☐ English ☐ Spanish ☐ American Sign Language ☐ Arabic ☐ Armenian ☐ Cambodian ☐ Cantonese □ Chinese □ Formosan □ French □ German □ Gujarati □ Hebrew □ Hindi □ Hmong □ Indonesian □ Italian □ Japanese □ Korean □ Laotian □ Mandarin □ Panjabi □ Persian □ Portuguese □ Russian □ Tagalog □ Tamil ☐ Telugu ☐ Thai ☐ Urdu ☐ Vietnamese ☐ Choose Not to Answer ☐ Unknown Written Language: ☐ English ☐ Spanish ☐ Arabic ☐ Armenian ☐ Braille ☐ Cambodian ☐ Cantonese ☐ Chinese □ Formosan □ French □ German □ Gujarati □ Hebrew □ Hindi □ Hmong □ Indonesian □ Italian □ Japanese □ Korean □ Laotian □ Mandarin □ Panjabi □ Persian □ Portuguese □ Russian □ Tagalog □ Tamil □ Telugu ☐ Thai ☐ Urdu ☐ Vietnamese ☐ Choose Not to Answer ☐ Unknown SECTION II — ADDITIONAL DEPENDENT(S) ☐ Add ☐ Remove | ☐ Child, up to age 26 ☐ Disabled (must meet criteria and provide proof of disability) Social Security # _____ Date of Birth _____ PCP Name WHA Provider ID# Medical Group_____ Existing Patient ☐ Yes ☐ No Sex at Birth: ☐ Male ☐ Female ☐ Intersex Race: Check all that apply 🚨 American Indian or Alaska Native 🚨 Asian Indian 👊 Black or African American 👊 Cambodian □ Chinese □ Filipino □ Guamanian or Chamorron □ Hmong □ Samoan □ Vietnamese □ White □ Japanese □ Korean □ Laotian □ Native Hawaiian □ Other Pacific Islander □ Other Asian □ Other Race □ Choose Not to Answer □ Unknown Ethnicity: Check all that apply 🔲 Mexican, Mexican American, or Chicano/a 📮 Not Hispanic, Latino, or Spanish origin □ Cuban □ Guatemalan □ Salvadorian □ Puerto Rican □ Another Hispanic, Latino, or Spanish origin ☐ Choose Not to Answer ☐ Unknown Spoken Language: □ English □ Spanish □ American Sign Language □ Arabic □ Armenian □ Cambodian □ Cantonese □ Chinese □ Formosan □ French □ German □ Gujarati □ Hebrew □ Hindi □ Hmong □ Indonesian □ Italian □ Japanese □ Korean □ Laotian □ Mandarin □ Panjabi □ Persian □ Portuguese □ Russian □ Tagalog □ Tamil ☐ Telugu ☐ Thai ☐ Urdu ☐ Vietnamese ☐ Choose Not to Answer ☐ Unknown Written Language: ☐ English ☐ Spanish ☐ Arabic ☐ Armenian ☐ Braille ☐ Cambodian ☐ Cantonese ☐ Chinese □ Formosan □ French □ German □ Gujarati □ Hebrew □ Hindi □ Hmong □ Indonesian □ Italian □ Japanese

Note: In order to serve you better, please visit the WHA secure member portal, mywha.org, to indicate preferred pronouns, sexual orientation and gender identity.

□ Korean □ Laotian □ Mandarin □ Panjabi □ Persian □ Portuguese □ Russian □ Tagalog □ Tamil □ Telugu

☐ Thai ☐ Urdu ☐ Vietnamese ☐ Choose Not to Answer ☐ Unknown

SECTION II — ADDITIONAL DEPENDENT(S)

orientation and gender identity.

☐ Add ☐ Remove ☐ Child, up to age 2	26 🖵 Disabled (must meet criteria and provide proof of	disability)
First Name	Last Name	MI
Social Security #	Date of Birth	
PCP Name	WHA Provider ID#	
Medical Group	Existing Patient 🛚 Yes 🗖 No	
☐ Chinese ☐ Filipino ☐ Guamanian o	ersex dian or Alaska Native	🛚 White 🕒 Japanese 🕒 Korear
	n, Mexican American, or Chicano/a 🔲 Not Hispanic, Lati an 👊 Puerto Rican 👊 Another Hispanic, Latino, or Spa	
☐ Chinese ☐ Formosan ☐ French ☐ ☐ Japanese ☐ Korean ☐ Laotian ☐ M	n □ American Sign Language □ Arabic □ Armenian □ German □ Gujarati □ Hebrew □ Hindi □ Hmong Mandarin □ Panjabi □ Persian □ Portuguese □ Russi se □ Choose Not to Answer □ Unknown	☐ Indonesian ☐ Italian
☐ Formosan ☐ French ☐ German ☐	h 🖵 Arabic 🗖 Armenian 🖵 Braille 🗖 Cambodian 🏿 Gujarati 🗖 Hebrew 🗖 Hindi 🗖 Hmong 🗖 Indones 🗗 Panjabi 🗖 Persian 🗖 Portuguese 🗖 Russian 🗖 Ta noose Not to Answer 🗖 Unknown	sian 🗖 Italian 📮 Japanese
	26 🗖 Disabled (must meet criteria and provide proof of	•
	Last Name	MI
	Date of Birth	
	WHA Provider ID#	
•	Existing Patient 🗖 Yes 🗖 No	
☐ Chinese ☐ Filipino ☐ Guamanian or☐ Laotian ☐ Native Hawaiian ☐ Othe	dian or Alaska Native	□ White □ Japanese □ Korean pose Not to Answer □ Unknown
• • •	n, Mexican American, or Chicano/a 🔲 Not Hispanic, Lati an 🔲 Puerto Rican 👊 Another Hispanic, Latino, or Spa	•
☐ Chinese ☐ Formosan ☐ French ☐ ☐ Japanese ☐ Korean ☐ Laotian ☐ M	n	☐ Indonesian ☐ Italian
□ Formosan □ French □ German □ Korean □ Laotian □ Mandarin □ Thai □ Urdu □ Vietnamese □ Ch		sian □ Italian □ Japanese agalog □ Tamil □ Telugu
Note: In order to serve you better, please v	visit the WHA secure member portal, mywha.org, to indic	cate preterred pronouns, sexual

Use additional forms if necessary to provide information for all dependents.

SECTION III — OTHER HEALTH COVERAGE INFORMATION

Do any of the enro	ollees have other health coverage	or Medicare? If yes, please complete this se	ction.
Name(s) of Insured	J	Insurance Company	Effective Date
Subscriber of Cov	erage	Policy # / Medicare Claim #	Primary 🗖 Secondary
Name(s) of Insured	J	Insurance Company	Effective Date
Subscriber of Cov	erage	Policy # / Medicare Claim #	☐ Primary ☐ Secondary
SECTION IV —	SIGNATURE REQUIRED		
, , ,	I acknowledge that I have read, u is form shall be valid as an origin	understand and agree to the terms and arbitr al.	ration agreement stated below. A
(WHA) through		I hereby apply for health care services coverage cound by the WHA Group Service Agreement,	-
HEIRS OR ASS WHETHER AN IMPROPERLY, SUBJECT TO RESOLVED BY ARBITRATION GIVING UP TH	SIGNS) AND WESTERN HEALTH Y MEDICAL SERVICES RENDERED NEGLIGENTLY OR INCOMPETE ERISA, SHALL BE DETERMINED A LAWSUIT OR RESORT TO COU PROCEEDINGS. THE PARTIES, I	DERSTAND THAT ANY AND ALL DISPUTES IN ADVANTAGE, INCLUDING CLAIMS OF MED DUNDER THE HEALTH PLAN WERE UNNECES INTLY RENDERED), EXCEPT FOR SMALL CIBY SUBMISSION TO BINDING ARBITRATION OF PROCESS, EXCEPT AS CALIFORNIA LAW INCLUDING ANY HEIRS OR ASSIGNS, TO TO HAVE ANY SUCH DISPUTE DECIDED IN A CONG ARBITRATION.	ICAL MALPRACTICE (THAT IS AS TO SSARY OR UNAUTHORIZED OR WERE LAIMS COURT CASES AND CLAIMS I. ANY SUCH DISPUTE WILL NOT BE PROVIDES FOR JUDICIAL REVIEW OF THIS ARBITRATION AGREEMENT ARE
Employee Signatu	re	Date	
	NHA for coverage meet all eligibi	ontained herein is true and accurate. I hereby a lity requirements set forth in the Group Servi	

Employer Signature ______ Date _____

Western Health Advantage complies with applicable Federal and California civil rights laws and does not discriminate on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability, as applicable. Western Health Advantage does not exclude people or treat them differently because of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability.

Western Health Advantage:

Provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)

Provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages

If you need these services, contact the Member Services Manager at 888.563.2250 and find more information online at https://www.westernhealth.com/legal/non-discrimination-notice/.

If you believe that Western Health Advantage has failed to provide these services or discriminated in another way on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability, you can file a grievance by telephone, mail, fax, email, or online with: Member Services Manager, 2349 Gateway Oaks Drive, Suite 100, Sacramento, CA 95833, 888.563.2250 or 916.563.2250, 711 (TTY), 916.568.0126 (fax), memberservices@westernhealth.com,

https://www.westernhealth.com/legal/grievance-form/. If you need help filing a grievance, the Member Services Manager is available to help you. For more information about the Western Health Advantage grievance process and your grievance rights with the California Department of Managed Health Care, please visit our website at https://www.westernhealth.com/legal/grievance-form/.

If there is a concern of discrimination based on race, color, national origin, age, disability, or sex, you can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at:

Website: https://ocrportal.hhs.gov/ocr/portal/lobby.jsf; Mail: U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, D.C. 20201; Phone: 800.368.1019 or 800.537.7697 (TDD). Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

ENGLISH

If you, or someone you're helping, have questions about Western Health Advantage, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 888.563.2250 or TTY 711.

SPANISH

Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de Western Health Advantage, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 888.563.2250, o al TTY 711 si tiene dificultades auditivas.

CHINESE

如果您,或是您正在協助的對象,有關於Western Health Advantage方面的問題,您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員,請撥電話888.563.2250或聽障人士專線(TTY) 711。

VIETNAMESE

Nếu quý vị, hay người mà quý vị đang giúp đỡ, có câu hỏi về Western Health Advantage, quý vị sẽ có quyền được giúp và có thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, xin gọi số 888.563.2250, hoặc gọi đường dây TTY dành cho người khiếm thính tại số 711.

TAGALOG

Kung ikaw, o ang iyong tinutulungan, ay may mga katanungan tungkol sa Western Health Advantage, may karapatan ka na makakuha ng tulong at impormasyon sa iyong wika ng walang gastos. Upang makausap ang isang tagasalin, tumawag sa 888.563.2250 o TTY para sa may kapansanan sa pandinig sa 711.

KOREAN

만약 귀하 또는 귀하가 돕고 있는 어떤 사람이 Western Health Advantage에 관해서 질문이 있다면 귀하는 그러한 도움과 정보를 귀하의 언어로 비용 부담 없이 얻을 수 있는 권리가 있습니다. 그렇게 통역사와 얘기하기 위해서는 888.563.2250이나 청각 장애인용 TTY 711로 연락하십시오.

ARMENIAN

Եթե Դուք կամ Ձեր կողմից օգնություն ստացող անձը հարցեր ունի Western Health Advantage-ի մասին, Դուք իրավունք ունեք անվձար օգնություն և տեղեկություններ ստանալու Ձեր նախընտրած լեզվով։ Թարգմանչի հետ խոսելու համար զանգահարե՛ք 888.563.2250 համարով կամ TTY 711՝ լսողության հետ խնդիրներ ունեցողների համար։

PERSIAN-FARSI

اگر شما، یا کسی که شما به او کمک میکنید ، سوال در مورد Western Health Advantage (وسترن هلث آدونتیج) داشته باشید حق این را دارید که کمک و اطلاعات به زبان خود را به طور رایگان دریافت نمایید. لطفا با شماره تلف 888.563.2250 تماس بگیرید. افراد ناشنوا می تو انند به شماره [71 بیام تاییی از سال کنند

RUSSIAN

Если у вас или лица, которому вы помогаете, имеются вопросы по поводу Western Health Advantage, то вы имеете право на бесплатное получение помощи и информации на вашем языке. Для разговора с переводчиком позвоните по телефону 888.563.2250 или воспользуйтесь линией ТТҮ для лиц с нарушениями слуха по номеру 711.

JAPANESE

ご本人様、またはお客様の身の回りの方でも、Western Health Advantageについてご質問がございましたら、ご希望の言語でサポートを受けたり、情報を入手したりすることができます。料金はかかりません。通訳とお話される場合、888.563.2250までお電話ください。聴覚障がい者用TTYをご利用の場合は、711までお電話ください。

ARABIC

إن كان لديك أو لدى شخص تساعده أسئلة بخصو صWestern Health Advantage، فلديك الحق في الحصول على المساعدة والمعلومات الضرو وية بلغتك من دون اية تكلفة. للتحدث مع مترجم اتصل بـ 888.563.2250، أو برقم الهاتف النصي (TTY) لضعاف السمع 711.

PUNJABI

ਜੇਕਰ ਤੁਸੀਂ, ਜਾਂ ਜਿਸ ਕਿਸੇ ਦੀ ਤੁਸੀਂ ਮਦਦ ਕਰ ਰਹੇ ਹੋ, ਦੇ Western Health Advantage ਬਾਰੇ ਸਵਾਲ ਹਨ ਤਾਂ, ਤੁਹਾਨੂੰ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਮਦਦ ਅਤੇ ਜਾਣਕਾਰੀ ਹਾਸਲ ਕਰਨ ਦਾ ਅਧਿਕਾਰ ਹੈ। ਦੁਭਾਸੀਏ ਨਾਲ ਗੱਲ ਕਰਨ ਲਈ, 888.563.2250 'ਤੇ ਜਾਂ ਪੂਰੀ ਤਰ੍ਹਾਂ ਸੁਣਨ ਵਿੱਚ ਅਸਮਰਥ ਟੀਟੀਵਾਈ ਲਈ 711 'ਤੇ ਕਾਲ ਕਰੋ।

CAMBODIAN-MON-KHMER

ប្រសិនបើអ្នក ឬនរណាម្នាក់ដែលកំពុងជួយអ្នក មានសំណួរអំពី Western Health Advantage ទេ, អ្នកមានសិទ្ធិទទួលជំនួយនឹងព័ត៌មាន នៅក្នុងភាសារបស់អ្នក ដោយមិនអស់ប្រាក់។ ដើម្បីនិយាយជាមួយអ្នកបកប្រែ សូមទូរស័ព្ទ 888.563.2250 ឬTTY សម្រាប់ អ្នកត្រចៀកធ្ងន់ តាមលេខ 711។

HMONG

Yog koj, los yog tej tus neeg uas koj pab ntawd, muaj lus nug txog Western Health Advantage, koj muaj cai kom lawv muab cov ntshiab lus qhia uas tau muab sau ua koj hom lus pub dawb rau koj. Yog koj xav nrog ib tug neeg txhais lus tham, hu rau 888.563.2250 los sis TTY rau cov neeg uas tsis hnov lus zoo nyob ntawm 711.

HINDI

यदि आप, या जिस किसी की आप मदद कर रहे हो, के Western Health Advantage के बारे में प्रश्न हैं तो, आपको अपनी भाषा में मदद तथा जानकारी प्राप्त करने का अधिकार है। दुआशिए के साथ बात करने के लिए, 888.563.2250 पर या परी तरह श्रवण में असमर्थ टीटीवाई के लिए 711 पर कॉल करो।

THAI

หากคุณ หรือคนที่คุณกำลังช่วยเหลือมีคำถามเกี่ยวกับ Western Health Advantage คุณมีสิทธิที่จะได้รับความช่วยเหลือและข้อมูลในภาษาของคุณได้โดยไม่มีค่าใช้จ่าย เพื่อพูดคุยกับล่าม โทร 888.563.2250 หรือใช้TTY สำหรับคนหูหนวกโดยโทร 711