



## Gym or Home We'll keep you active either way.

11,500+ STANDARD FITNESS CENTERS for just \$25 a month and/or

> 4,500+ PREMIUM EXERCISE STUDIOS with 20% - 70% discounts on most

## **PLUS**

6,500+ DIGITAL WORKOUT VIDEOS

**ENROLL YOUR SPOUSE\*\*** 

LIFESTYLE COACHING

**NO LONG-TERM CONTRACTS** 

Learn More: mywha.org/fitness

blink

\$25/mo\*

11.500+ FITNESS CENTERS 6,500+ WORKOUT VIDEOS

Active&Fit®

TM

11,500+ Standard Fitness Centers, including:



**snap** 24/7

fitness













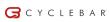


4,500+ Premium Exercise Studios, including:



















<sup>\*</sup> Plus an enrollment fee and applicable taxes. Fees may vary based on fitness center selection.

<sup>\*\*</sup>Add a spouse/domestic partner to a primary membership for additional monthly fees. Spouses/domestic partners must be 18 years or older. Fees may vary based on fitness center selection. M966-510D-WHA 3/22 © 2022 American Specialty Health Incorporated (ASH). All rights reserved. The Active&Fit Direct™ program is provided by American Specialty Health Fitness, Inc., a subsidiary of ASH. Active&Fit Direct and the Active&Fit Direct logos are trademarks of ASH. Other names or logos may be trademarks of their respective owners. Fitness center participation varies by location. Digital workout videos are subject to change. ASH reserves the right to modify any aspect of the Program (including, without limitation, the Enrollment Fee, the Monthly Fee, and/or the Introductory Period) at any time per the terms and conditions. If we modify a fee or make a material change to the Program, we will provide you with no less than 30 days' notice prior to the effective date of the change. We may discontinue the Program at any time upon advance written notice.