PENDING REGULATORY APPROVAL



Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services Sutter Health Plus: Vista HD40 HDHP HMO Coverage Period: 01/01/2025 – 12/31/2025

Coverage for: Large Group | Plan Type: HDHP HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, contact Sutter Health Plus at 1-855-315-5800 or visit <u>sutterhealthplus.org</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u> (copay), <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary of Health Coverage and Medical Terms. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-855-315-5800 to request a copy.

| Important Questions | Answers | Why This Matters: |
|---|--|--|
| What is the overall <u>deductible</u> ? | \$1,650 individual / \$1,650 individual family member / \$3,300 family for certain medical and pharmacy services per calendar year. | Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> . |
| Are there services covered before you meet your <u>deductible</u> ? | Yes. Only <u>preventive care</u> is covered before you meet your <u>deductible</u> . | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> (copay) or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> . |
| Are there other <u>deductibles</u> for specific services? | No. | You don't have to meet <u>deductibles</u> for specific services. |
| What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ? | \$3,300 individual / \$3,300 individual family member / \$6,600 family per calendar year. | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met. |
| What is not included in the <u>out-of-pocket limit</u> ? | <u>Premiums</u> and health care this <u>plan</u> doesn't cover. | Even though you pay these expenses, they don't count toward the out-of-pocket limit. |

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| Will you pay less if you use a <u>network provider</u> ? | Yes. See <u>www.sutterhealthplus.org/provider</u> <u>-search</u> or call 1-855-315-5800 for a list of <u>network providers</u> . | This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance</u> <u>billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |
|---|---|---|
| Do you need a <u>referral</u> to see a <u>specialist</u> ? | Yes. | This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> . |

All <u>copayment</u> (copay) and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

| | | What You Will Pa | ay | Limitationa Exacutiona 8 Other |
|--|--|---|-------------------------------|--|
| Common Medical Event | Services You May Need | Participating Provider | Non-Participating Provider | Limitations, Exceptions & Other Important Information |
| If you visit a health care <u>provider's</u> office or clinic | Primary Care Physician (PCP) Visit to treat an injury or illness | PCP Office Visit: No charge Sutter Walk-in Care Visit: No charge Telehealth Visit: No charge | Not covered | Includes Other Health Professional visits. *See Definitions section in EOC for list of Other Health Professionals. |
| | <u>Specialist</u> Visit | <u>Specialist</u> Office Visit: No charge Telehealth Visit: No charge | Not covered | Prior authorization for some <u>referrals</u> to <u>specialists</u> is required. If it is not received, you may be responsible for paying all charges. |
| | <u>Preventive Care</u> / <u>Screening</u> / Immunization | No charge <u>Deductible</u> does not apply | Not covered | You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. |
| If you have a test | <u>Diagnostic Test</u> (X-ray, blood work) | Lab: No charge X-ray: No charge | Not covered | Prior authorization for some diagnostic services is required. If it is not received, |
| n you have a test | Imaging (CT/PET scans, MRIs) | No charge | Not covered | you may be responsible for paying all charges. |

| | | What You Will Pa | ау | Limitations, Exceptions & Other |
|---|---|--|-------------------------------|---|
| Common Medical Event | Services You May Need | Participating Provider | Non-Participating Provider | Important Information |
| | Tier 1 (Most generic drugs and low-cost preferred brand name drugs) | Retail: No charge Mail Order: No charge | Not covered | Retail: covers up to a 30-day supply through a CVS Health® National Network pharmacy and covers up to a 100-day supply of maintenance drugs, at two times the retail copay, through the CVS Health Retail-90 Network. |
| If you need drugs to treat your illness or condition For information about prescription drug coverage, including the Sutter Health Plus (SHP) formulary, visit | Tier 2 (Preferred brand name drugs and non-preferred generic drugs) | Retail: No charge Mail Order: No charge | Not covered | Mail Order/home delivery service: covers up to a 100-day supply of maintenance drugs, at two times the retail copay, through the CVS Caremark [®] Mail Service Pharmacy. Specialty Pharmacy: covers up to a 30- |
| www.sutterhealthplus.org/p harmacy or call CVS Caremark® at 1-844-740- 0635. | Tier 3 (Non-preferred brand name drugs) | Retail: No charge Mail Order: No charge | Not covered | day supply of <u>specialty drugs</u> through CVS Specialty [®] . <u>Specialty drugs</u> are not exclusive to Tier 4 and, regardless of tier placement, have the same fill requirements. *See SHP <u>formulary</u> or the Outpatient |
| | Tier 4 (<u>Specialty drugs</u>) | Specialty Pharmacy: No charge | Not covered | Prescription Drugs, Supplies, Equipment and Supplement section in EOC for any SHP policy requirements such as prior authorization and step therapy, or coverage limitations and exceptions. |
| If you have outpatient | Facility Fee (e.g., ambulatory surgery center) | No charge | Not covered | Prior authorization is required. If it is not received, you may be responsible for |
| surgery | Physician / Surgeon Fee | No charge | Not covered | paying all charges. |

| | | What You Will Pay | | Limitations Exceptions 9 Other |
|--------------------------------|--|---|--|--|
| Common Medical Event | nmon Medical Event Services You May Need | Participating Provider | Non-Participating Provider | Limitations, Exceptions & Other Important Information |
| | Emergency Room Care | Facility: No charg Professional: No ch | | If admitted to the hospital, <u>Emergency</u> <u>Room Care cost sharing</u> will not apply. See hospital stay information below for applicable <u>cost sharing</u> . |
| If you need immediate | Emergency Medical Transportation | No charge | No charge | Transportation by car, taxi, bus, gurney van, wheelchair van, and any other type of transportation (other than a licensed ambulance or psychiatric transport van) is not covered. |
| medical attention | | | For in-area <u>Urgent Care</u> , visit your Medical Group's contracted <u>Urgent Care</u> facility. For Out-of-Area <u>Urgent Care</u> , visit the nearest <u>Urgent Care</u> facility. | |
| | Urgent Care No charge | Behavioral health crisis services provided by a 988 center or mobile crisis team, or other providers of behavioral health crisis services is covered in and out-of- <u>network.</u> | | |
| | Facility Fee (e.g., hospital room) | \$50 copay per admission | Not covered | Prior authorization may be required. If it is not received, you may be responsible |
| If you have a hospital stay | Physician / Surgeon Fees | No charge | Not covered | for paying all charges. Services that are part of a CARE agreement or plan approved by a court, or behavioral health crisis services from a 988 center or mobile crisis team or other providers of behavioral health crisis services, are covered in or out-of- <u>network</u> and without prior authorization. |

| | | What You Will Pay | | Limitations Exacutions ? Other |
|---|--|--|-------------------------------|---|
| Common Medical Event | Services You May Need | Participating Provider | Non-Participating Provider | Limitations, Exceptions & Other Important Information |
| If you need mental health, behavioral health, or substance use disorder (MH/SUD) services | Outpatient Services | Individual Office Visit: No charge Group Office Visit: No charge Telehealth Office Visit: No charge Other Outpatient Services: No charge | Not covered | You may self-refer to a USBHPC provider for Office Visits. Prior authorization is required for Other Outpatient Services and all Inpatient Services by USBHPC. If it is not obtained when required, you may be liable for the payment of services or |
| For information, call U.S. Behavioral Health Plan, California (USBHPC) at 1- 855-202-0984 or visit <u>www.liveandworkwell.com</u> (access code: "Sutter"). | Inpatient Services | Facility: \$50 copay per admission Professional: No charge | Not covered | supplies. Services that are part of a CARE agreement or plan approved by a court, or behavioral health crisis services from a 988 center or mobile crisis team or other providers of behavioral health crisis services, are covered in or out-of- network and without prior authorization. |
| If you are pregnant | Office Visits | Prenatal and Postnatal Care (In- person or telehealth visit): No charge <u>Deductible</u> does not apply | Not covered | Prenatal and Postnatal Care includes all prenatal office visits and the first postnatal office visit. Refer to the PCP Visit <u>cost sharing</u> for all subsequent postnatal office visits. Maternity care may include tests and services described elsewhere in the SBC (e.g., <u>Diagnostic Tests</u> such as ultrasounds and blood work). |
| | Childbirth / Delivery Professional Services | No charge | Not covered | None |
| | Childbirth / Delivery Facility Services | \$50 copay per admission | Not covered | |
| | Home Health Care | No charge | Not covered | |

| | | What You Will Pay | | Limitations Exceptions ? Other |
|---|----------------------------|---|-------------------------------|---|
| Common Medical Event | Services You May Need | Participating Provider | Non-Participating Provider | Limitations, Exceptions & Other Important Information |
| | Rehabilitation Services | No charge | Not covered | Prior authorization is required. If it is not received, you may be responsible for paying all charges. |
| | Habilitation Services | Not covered | Not covered | Quantitative limits exist for the following services: |
| lf you need help | Skilled Nursing Care | No charge | Not covered | <u>Home Health Care</u> – 100 visits per calendar year. |
| recovering or have other special health needs | Durable Medical Equipment | No charge | Not covered | <u>Skilled Nursing Care</u> – 100 days per benefit period. *See Skilled Nursing |
| | Hospice Services | No charge | Not covered | Facility Care section in EOC for additional information. <u>Hospice Services</u> – respite care is occasional short-term inpatient care limited to no more than five consecutive days at a time. |
| If your child needs dental or eye care | Children's Eye Exam | No charge <u>Deductible</u> does not apply | Up to \$45 max reimbursement | Quantitative limits exist for the following |
| For more information, contact Vision Services Plan (VSP) at 1-800-877- 7195. | Children's Glasses | Not covered | Not covered | children's services: Eye Exam – 1 preventive exam per |
| | Children's Dental Check-up | Not covered | Not covered | calendar year. |

Excluded Services & Other Covered Services:

| Services Your Plan Generally Does NOT Cover (Check your plan Evidence of Coverage (EOC) for more information and a list of any other excluded services.) | | | |
|--|---|---|--|
| Chiropractic care Commercial weight loss programs Cosmetic surgery Dental care (Adult) | <u>Habilitation services</u> Hearing aids Infertility treatment Long-term care | Non-emergency care when traveling outside the U.S. Private-duty nursing Routine foot care | |

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan Evidence of Coverage (EOC).)

• Abortion

Bariatric surgery

 Routine eye care (Adult) limited to an annual preventive eye exam through VSP; embedded in

medical plan.

 Acupuncture typically provided only for the treatment of nausea or chronic pain; embedded in medical <u>plan</u>. PCP <u>referral</u> and prior authorization are required.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: The Department of Managed Health Care at **1-888-466-2219** or <u>www.dmhc.ca.gov</u>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>. Other coverage options may be available to you, too, including buying individual insurance coverage through California's <u>Health Insurance Marketplace</u>, Covered California, at 1-800-300-1506 or <u>www.coveredca.com</u>. For more information about the <u>Marketplace</u>, visit <u>healthcare.gov</u> or call 1-800-318-2596.

Your <u>Grievance</u> and <u>Appeals</u> Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> (*See If You Have A Concern Or Dispute With SHP section in EOC for information about grievances) or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Sutter Health Plus at **1-855-315-5800 (TTY: 1-855-830-3500)** or California Department of Managed Health Care at **1-888-466-2219 (TTY: 1-877-688-9891)** or <u>www.dmhc.ca.gov</u>.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Please see Notice of Language Assistance addendum.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> (copays) and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

| Peg is Having a Baby | |
|---|---|
| (9 months of in-network prenatal care and | а |
| hospital delivery) | |

| The <u>plan's</u> overall <u>deductible</u> | \$1,650 |
|---|---------|
| Specialist copayment | \$0 |
| Hospital (facility) <u>copayment</u> | \$50 |
| Other <u>coinsurance</u> | N/A |

This EXAMPLE event includes services like: Office Visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services (*anesthesia*) <u>Diagnostic Tests</u> (*ultrasounds and blood work*)

| Total Example Cost | \$12,700 |
|---------------------------------|----------|
| In this example, Peg would pay: | |
| <u>Cost Sharing</u> | |
| Deductible | \$1,650 |
| <u>Copayments</u> | \$50 |
| <u>Coinsurance</u> | \$0 |
| What isn't covered | |
| Limits or excluded services | \$60 |
| The total Peg would pay is | \$1,760 |

| Managing Joe's Type 2 Diabetes |
|---|
| (a year of routine in-network care of a well- |
| controlled condition) |

| The plan's overall deductible | \$1,650 |
|-------------------------------|---------|
| Specialist copayment | \$(|
| Hospital (facility) copayment | \$50 |
| Other coinsurance | N/A |
| | |

This EXAMPLE event includes services like: <u>Primary Care Physician</u> Office Visits (including disease education) <u>Diagnostic Tests</u> (blood work) <u>Prescription Drugs</u> (including glucose meter)

| Total Example Cost | \$5,600 |
|---------------------------------|---------|
| In this example, Joe would pay: | |
| <u>Cost Sharing</u> | |
| Deductible | \$1,650 |
| <u>Copayments</u> | \$0 |
| Coinsurance | \$0 |
| What isn't covered | |
| Limits or excluded services | \$20 |
| The total Joe would pay is | \$1,670 |

Mia's Simple Fracture (in-network emergency room visit and followup care)

| The <u>plan's</u> overall <u>deductible</u> | \$1,650 |
|---|---------|
| Specialist copayment | \$0 |
| Hospital (facility) <u>copayment</u> | \$50 |
| Other coinsurance | N/A |

This EXAMPLE event includes services like:

Emergency Room Care (including medical supplies) Diagnostic Tests (X-ray) Durable Medical Equipment (crutches) Rehabilitation Services (physical therapy)

| Total Example Cost | \$2,800 |
|--------------------|---------|
|--------------------|---------|

In this example, Mia would pay:

| · · · · · · · · · · · · · · · · · · · | | |
|---------------------------------------|---------|--|
| <u>Cost Sharing</u> | | |
| <u>Deductible</u> | \$1,650 | |
| <u>Copayments</u> | \$0 | |
| Coinsurance | \$0 | |
| What isn't covered | | |
| Limits or excluded services | \$0 | |
| The total Mia would pay is | \$1,650 | |



Notice of Language Assistance

IMPORTANT: Can you read this? If not, Sutter Health Plus can have somebody help you read it. You may also be able to get this written in your language. For no-cost help, please call Sutter Health Plus Member Services at 855-315-5800 (TTY 855-830-3500). (English)

IMPORTANTE: ¿Puede leer esto? Si no puede, Sutter Health Plus puede proporcionarle alguien que le ayude a leerlo. También puede obtenerlo por escrito en su idioma. Llame a Sutter Health Plus Member Services al 855-315-5800 (TTY 855-830-3500), sin costo alguno. (Spanish)

重要提示:您能讀懂這份文件嗎?如果不能,Sutter Health Plus 可以找人幫助您讀它。您還可能 得到用您的語言書寫的這份文件。若需要免費幫助,請致電 Sutter Health Plus 會員服務, 電話號碼 855-315-5800 (TTY 855-830-3500)。(Chinese)

ملحوظة مهمة: هل أنت قادر على قراءة هذا؟ إذا لم تكن قادرًا فاعلم أن صَتر هيلت بلاس (Sutter Health Plus) قد يكون لديهم شخصًا يمكنه مساعدتك في قراءة هذا النص. كما يمكنك أيضًا أن تتلقاه مكتوبًا بلُغتك. للحصول على مساعدة مجانية، برجاء الاتصال بخدمات أعضاء صَتر هيلت بلاس (Sutter Health Plus Member Services) على هاتف 315-315-855 (هاتف النص المرئي [TTY](Arabic). (Arabic)

ԿԱՐԵՎՈՐ ՏԵՂԵԿԱՏՎՈՒԹՅՈՒՆ. Կարո՞ղ եք կարդալ սա։ Եթե ոչ, Sutter Health Plus-ը կարող է տրամադրել մեկին, ով կօգնի Ձեզ կարդալ այն։ Դուք կարող եք նաև ստանալ այն գրված Ձեր լեզվով։ Անվձար օգնության համար խնդրում ենք զանգահարել Sutter Health Plus-ի Անդամների սպասարկման բաժին՝ 855-315-5800 (TTY 855-830-3500) հեռախոսահամարով։ (Armenian)

សារ:សំខាន់៖ តើអ្នកអាចអានសេចក្តីនេះឬទេ? បើសិនមិនអាចទេ Sutter Health Plus អាចមាននរណាម្នាក់ជួយអានវាជូនអ្នក ។ អ្នកក៍អាចនឹងឲ្យបានសេចក្តីនេះ សរសេរជាភាសារបស់អ្នកដែរ។ សំរាប់ជំនួយដោយឥតអស់ថ្លៃ សូមទូរស័ព្ទទៅ ផ្នែកសេវាសមាជិក Sutter Health Plus **តាមលេខ** 855-315-5800 (TTY 855-830-3500)។ (Cambodian)

نکته مهم: آیا می توانید این مطالب را بخوانید و بفهمید؟ اگر نمی توانید، Sutter Health Plus می تواند از فردی کمک بگیرد تا آنرا بر ایتان بخواند. همچنین امکان ترجمه این مطالب به زبان فارسی وجود دارد. بر ای دریافت خدمات و کمک رایگان، لطفا با دفتر خدمات اعضای Sutter Health Plus با شماره تلفن (TTY 855-830-3500 (TTY 855-830 تماس بگیرید. (Farsi)

महत्वपूर्ण: क्या आप इसे पढ़ सकते/सकती हैं? यदि नहीं, तो सट्टर हेल्थ प्लस इसे पढ़ने में किसी से आपकी सहायता करवा सकता है। आप इसे अपनी भाषा मे भी लिखवाने में समर्थ हो सकते/सकती हैं। निःशुल्क सहायता के लिए, कृपया 855-315-5800 (TTY 855-830-3500) पर सट्टर हेल्थ प्लस मेंबर सर्विसेस को कॉल करें। (Hindi)

LUS TSEEM CEEB: Koj nyeem puas tau tsab ntawv no? Yog koj nyeem tsis tau, Sutter Health Plus muaj neeg pab nyeem rau koj. Tsis tas li ntawd xwb, peb tuaj yeem muab sau ua hom lus koj nyeem tau rau koj tib si. Yog koj xav tau kev pab pub dawb, thov hu rau Sutter Health Plus Lub Chaw Pab Cuam Tswv Cuab ntawm tus xov tooj 855-315-5800 (TTY 855-830-3500). (Hmong) 重要なお知らせ:これを読むことができます?読めない場合は、Sutter Health Plus が読むの をお手伝いします。あなたの言語で表示できるかもしれません。無料のご相談は、 Sutter Health Plus Member Services、電話: 855-315-5800 (TTY 855-830-3500) まで。 (Japanese)

중요: 귀하는 이것을 읽으실 수 있습니까? 만약 읽으실 수 없다면, Sutter Health Plus 에서 다른 사람에게 부탁하여 그것을 읽으실 수 있도록 도와드릴 수 있습니다. 또한 이것을 귀하의 사용 언어로 작성해 받으실 수도 있습니다. Sutter Health Plus 회원 서비스855-315-5800 (TTY 855-830-3500)에 전화를 하시어 무상으로 도움을 받으십시오. (Korean)

ໝາຍເຫດ: ທ່ານອ່ານໄດ້ຈົດໝາຍສະບັບນີ້ບໍ່? ຖ້າອທ່ານອ່ານບໍ່ໄດ້, ທາງ Sutter Health Plus ມີພະນັກງານຊ່ວຍອ່ານໃຫ້ທ່ານ. ນອກຈາກນັ້ນ

ພວກເຮົາຍັງສາມາດຂຽນເປັນພາສາຂອງທ່ານໃຫ້ທ່ານອີກດ້ວຍ.

້ຖ້າທ່ານຕ້ອງການຄວາມຊ່ວຍເຫຼືອໂດຍບໍ່ເສຍຄ່າບໍລິການ, ກະລຸນາຕິດຕໍ່ ໜ່ວຍບໍລິການ ຂອງ Sutter Health Plus ທີ່ໝາຍເລກໂທລະສັບ 855-315-5800 (TTY 855-830-3500). (Laotian)

ਅਹਿਮ: ਕੀ ਤੁਸੀਂ ਇਸ ਨੂੰ ਪੜ੍ਹ ਸਕਦੇ ਹੋ? ਜੇ ਨਹੀਂ ਤਾਂ, Sutter Health Plus (ਸੱਟਰ ਹੈਲਥ ਪਲਸ) ਕਿਸੇ ਤੋਂ ਇਹ ਪੜ੍ਹਨ ਵਿੱਚ ਤੁਹਾਡੀ ਮੱਦਦ ਕਰਵਾ ਸਕਦਾ ਹੈ। ਤੁਸੀਂ ਇਸ ਨੂੰ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਵੀ ਲਿਖਵਾ ਸਕਦੇ ਹੋ। ਮੁਫ਼ਤ ਮੱਦਦ ਲਈ ਕਿਰਪਾ ਕਰ ਕੇ Sutter Health Plus Member Services ਨੂੰ 855-315-5800 (TTY 855-830-3500) ਉਤੇ ਕਾਲ ਕਰੋ। (Punjabi)

ВАЖНО: Вы можете это прочитать? Если нет, Sutter Health Plus может предоставить Вам кого-то, кто сможет помочь Вам прочитать это. Вы также можете получить это в письменной форме на своем языке. Для бесплатной помощи позвоните в Службу поддержки членов Sutter Health Plus по телефону 855-315-5800 (TTY 855-830-3500). (Russian)

MAHALAGA: Nababasa mo ba ito? Kung hindi, maaari kang bigyan ng Sutter Health Plus ng taong babasa para sa iyo. Maaari mo ding hilingin na isulat ito sa iyong wika. Para sa walang-gastos na tulong, mangyaring tumawag sa Sutter Health Plus Member Services sa. 855-315-5800 (TTY 855-830-3500). (Tagalog)

สำคัญ: คุณอ่ำนออกหรือไม่ ถ้ำอ่านไม่ออก Sutter Health Plus สำมำรถให้คนมำช่วยคุณอ่ำนได้ นอกจำกนี้ คุณยังสำมำรถขอรับเนื้อหำนี้เป็นภำษำของคุณได้อีกด้วย หำกต้องกำรควำมช่วยเหลือโดยไม่มีค่ำใช้จ่ำย

กรุณำโทรหำ Sutter Health Plus Member Services ที่ 855-315-5800 (TTY 855-830-3500) (Thai)

QUAN TRONG: Qu. vị có thể đọc thông tin này không? Nếu không, Sutter Health Plus có thể yêu cầu ai đó đọc giúp cho qu. vị. Qu. vị cũng có thể nhận được thông tin này dưới dạng văn bản bằng ngôn ngữ của qu. vị. Để được hỗ trợ miễn phí, vui lòng gọi cho ban Dịch Vụ Thành Viên của Sutter Health Plus theo số 855-315-5800 (TTY 855-830-3500). (Vietnamese)